



~Hatha Yoga Classes ~ Yoga Therapy ~

## COVID-19 Safety Plan for Yoga Classes at Willoughby Park Centre (NSW Government template for indoor recreation facilities)

### Yoga Road COVID-19 Safety Plan

- Should Sue Livingston receive information that someone who has recently been on site has, or may potentially have COVID-19, this will be immediately reported to Willoughby City Council. Sue Livingston will also report any person identified as unwell and turned away. The notification procedure provided by WCC will be followed at all times.
- Conditions of Entry are conveyed in emails and through the Yoga Road website. Students must register their attendance through scanning the QR code. If this is not possible, Sue Livingston can register the student through her phone.
- There is a maximum of 7 people allowed for yoga in Community Room 2 on Ground Level, and 12 people for the Pat Reilly Room on the 1<sup>st</sup> Level.
- Hand sanitiser should be used on entering and exiting the class.
- Yoga mats must be laid out in accordance with 1.5m distancing.
- Students must maintain 1.5m distancing in the stairwell and if congregating outside the entrance.
- Sue Livingston will email each class's attendance record to Willoughby City Council by 12:00pm on the Thursday of each week. These records include the following details for each student that enters the site: Full name, contact phone number, email address, date of attendance, time of attendance including arrival and departure times. As Sue Livingston has these details on record and marks a roll, there is no need for the students themselves to fill in records.
- No equipment will be shared. Students bring their own equipment and it is recommended that students sanitise their equipment after each class.
- At the end of each class, Sue Livingston will wipe down all surfaces touched by students with sanitiser of appropriate standard.
- Entry to and exit from the rooms will be via the stairwell unless the lift is required by prior arrangement. The lift allows a maximum of one person.
- Only students enrolled in the class should attend. There will be no ability for makeup classes this term.

### Willoughby Park's COVID-19 Safety Plan

- By entering the building you agree to:
  - Observe all social distancing and hygiene measures in place within the facility and follow any other reasonable requests by council officers
  - Record your attendance within the facility (see note above)
  - Report any COVID-19 contact to facility management
  - Report a COVID-19 positive diagnosis to facility management.
  - All NSW Government advice in regard to self-isolation/quarantine should be adhered to at all times.
  - Patrons who are unwell, even with minor symptoms, should stay at home and not enter the facility.
  - Facility management reserves the right to exclude anyone who presents unwell or poses a risk to our staff and patrons.
  
- Willoughby Park Centre has a daily routine cleaning routine and additional cleaning procedures throughout the day for frequently touched surfaces.
- Willoughby Park Centre has hand hygiene posters displayed and has sanitiser at all building and room entrances.
- Hand soap and paper towel is available in the bathrooms.
- Students are responsible for sanitising their own equipment and bringing their own water bottles, etc. There is a bucket with cleaning equipment supplied should anyone forget.
- Distance markers in busy areas and defined entry and exit points have been provided.



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